









The Hudson Valley Bullshit Society

Official Minutes of the 6th HVBS Meeting of December 6, 2012 at the Hoffman House in Kingston, NY.

- 1- On a cool clear morning in the 30's the Northern Sages, driven by PC Wiz, entered the Hoffman House parking lot a bit early at 11:15 AM. Ramrod arrived a few minutes later and remained in his Passat while Shadow exited the Camry. Ramrod remained behind the wheel opening the window and explaining that he had a problem with back pain. Carefully getting out, he elucidated that he suffers from "spinal stenosis". Ramrod said the word stenosis is based on an ancient Greek word denoting "narrowing" where the spinal canal presses on the spinal cord (1 person in 1,000 over 65 has the problem). Entering the premises we were enthusiastically greeted by Hostess Ginny Bradley, standing at the waitress station. A new young lady set up our traditional table in the corner. PC Wiz found out that HVBS Official Waitress Lorayne is present on Wednesdays and that our new waitress' name is Kasey, with a "K". Ramrod told her that one of his grand-daughters is named Casey, with a "C". Kasey blamed the K in her name on the bartender, a reference not clear to members
- 2- PC Wiz started the libation orders by asking for Keegan's Mothers Milk, Shadow ordered a Heineken while Ramrod asked what they had on draft. He opted for a Sam Adams and explained that he preferred draft, except when it gets to the bottom of the barrel. PC Wiz offered the opinion that, with modern cooling and storage, today's draft is probably more uniform. Ramrod chuckled and told us a story from his youth. His father had a bar with a large box below the beer taps with cooling coils for the beer. The box was filled with ice to cool the beer; Ramrod had to buy the bags of ice reminding Shadow and PC Wiz of their youth and ice boxes in the kitchen.
- 3- Shadow then asked how the family is doing. Ramrod informed us that his Thanksgiving visit with his brother Jim to Dan and Chako went very well. Dan invited Ramrod to live with them. To PC Wiz's concern that the woman of the home had to make the invitation, Ramrod replied that Dan had her consent. Concerning Dan, he told us that his son is a very bright person and very good at his job but has problems with practical everyday items such as shoveling snow which is certainly in our near future. They have no snow shovel. When Ramrod asked when he was going to purchase one he replied that he was thinking about it. Sharon is doing well, telephoned Ramrod and thanked him for gifts he sent her and the girls. Sharon also gave Ramrod a gift of premium wines he is getting 2 bottles a month for the next six months! PC Wiz mentioned that Russ and Kris had given him and Shadow the same gift; the wines were great and introduced them to Malbec, a dark purple wine from South America.
- 4- Ramrod informed us that Kristi is making out applications for college and would like to go to Loyola. Shadow stated that it is in Maryland a Jesuit Catholic University in Baltimore. Max, now 4 ½, is going to pre-school and speaks English! (He calls Ramrod "papou", the Greek word for grandfather.) Shadow then updated Ramrod on the shocking news concerning Russell. He suffered a blood clot that lodged in his lungs. He drove himself to the hospital. Presently they are using "clot-buster" drugs and Coumadin. Ramrod predicted that Russell would be all right since the critical period is within a very short window the sooner the treatment the better. He then told us that a pulmonary embolism was the cause of HVBS Associate Member Kay's death. She died in the ambulance before they could get her to the hospital.
- 5- Shadow told us that he had his annual physical on Tuesday a shorter ritual than usual. It consisted of drawing blood, weighing on a scale, and taking blood pressure and pulse. He did not have an EKG because of the recent one he had when his kidney stone was removed. Ramrod, who is in the largest group practice in the Poughkeepsie area, said his understanding is that the doctor is allowed 7 ½ minutes per patient. Ramrod said that at his last physical he was not on a scale and did not have an EKG. Members then discussed ObamaCare which,

- with his re-election, is now permanently the "law of the land" and will lead to "socialized medicine". **Ramrod**, postulating that the "retirement" age will have to be raised from 65 to at least 67 because of the "boomer generation", lamented the lack of General Practitioners. **Shadow** agreed; with the pressure of lower earnings, doctors are increasingly specializing resulting in an extreme shortage of family doctors not counting the additional millions insured under the Affordable Health Care Act.
- 6- PC Wiz recently had his three month visit to his ophthalmologist and got a prescription to change only his right lens the eye that had the YAG laser treatment. Shadow related the recent experience of HVBS Associate Member Shirley. She was examined at Pearle Vision by a tech that came from China. In China the tech was an ophthalmologist but here she would have to re-qualify for a license. After a thorough exam she recommended Shirley to make an appointment with a local doctor. It was done and she is now under the doctor's care for her rather high eye pressure. Shadow explained that different pressures are normal for people so the doctor will follow her case. Ramrod then told us of his problem with cataracts. While his doctor is waiting for the proper time for an operation Ramrod is experiencing a real problem with headlight glare. He avoids driving at night as much as possible. PC Wiz commented that part of our problem is the SUV's and trucks being taller the headlights shine directly into the sedans we drive.
- 7- In our news comments Hurricane Sandy was, of course, the main topic. Ramrod got through it quite well by running his generator intermittently. Later it would have been a problem with people coming up from NY to purchase gasoline at the Poughkeepsie gas stations with resultant long lines. PC Wiz informed the group that he had telephoned the Hoffman House to make certain they were open. The storm didn't affect them very much although low-lying areas of Kingston were flooded. Shadow told us they were re-building the sand dunes in New Jersey for the next possible storm. Ramrod expounded on the damage on Long Island while PC Wiz brought up the PATH disaster in Hoboken. A central control and switching facility was built (many years ago) below sea level! The Hoboken station and the control center were still closed. Shadow told of the NJ Transit locomotives and cars that were flooded by 11 feet of sea water. Members thought (hind-sight, of course) that, considering the predicted storm surge and full moon high tide, they should have been brought further inland. Continuing to the Hostess debacle Shadow mentioned that one union had agreed (the teamsters!) while the bakers were responsible for 18,000 people losing their jobs.
- 8- Shadow showed Ramrod a print he had made of a photo he took of a new railroad bridge on our Glenridge Road, replacing a one-way ancient structure controlled by traffic lights. Two other bridges will also have to be replaced. When informed that a "round-about" was being constructed in the vicinity, Ramrod chuckled and wished us luck. In a recent e-mail Ramrod sent a video of a railroad bridge in Durham, NC where vehicles kept running into the low clearance (clearly marked) bridge. Ramrod and PC Wiz agreed the funniest case was a motor home where the bridge sheared off everything on the roof and the driver kept going. Ramrod said he heard the new Tappan Zee Thruway Bridge was now estimated to come under 5 Billion dollars and the toll, presently \$5 one-way east, will go to \$14! Shadow and Ramrod agreed that it was extremely likely the bridge would be a lot more costly.
- 9- In sports the story was about the NY Giants loss to the Redskins, 17-16. Ramrod was upset by the nine penalties the offensive line suffered one resulting in the loss of a touchdown, while he thought the defense played a good game. Shadow reiterated that he was sick of the "schizophrenic team". Waitress Kasey arrived to get our orders for coffee and dessert. All members went for desserts Ramrod and PC Wiz the pumpkin cheesecake and Shadow opted for a dish of vanilla ice cream. Adjourning the meeting, members ran into a discussion of the Giants at the bar with the bartender. Members lamented the sad performance; Shadow repeated his schizophrenic comment and all agreed it unlikely the team would make the playoffs, especially with the Redskins and Cowboys playing well.
- 10- In the parking lot Ramrod examined PC Wiz's Camry and found no navigation system, although the display has a screen for tuning and functions. Members overlooked setting up a possible date for our "Winter before the Hoffman House closes" meeting. Shadow and PC Wiz have proposed Thursday January 24, 2013.

Thanks to **Ramrod** and **Shadow** for their review and approval of the preliminary minutes. **HVBS** Official Scribe Laureate **PC Wiz**

December 18, 2012